Social and Community Participation

Get support to join in

Easy English

This book is written in an easy to read way.

We use pictures to explain ideas.
In this book *we* or *our* means *Aruma*.

Get support to

- join in

and

- learn new skills

and

- be more *independent*
Independent means that you can do things

- on your own

or

- with less help

It is all about you and what you want to do.
You might want to

• play sport

or

• go to a music class

or

• go to a BBQ with friends

or
• volunteer

or

• go on holiday

You can choose what you do.

We can help you

• meet new people
and

• try new things

and

• have fun

Social and Community Participation is a NDIS support.

Make sure there are hours in your NDIS plan.
Talk to us

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aruma.com.au

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