



Disability services. Putting you first.

People That Will Stand Up For Your Rights in ACT



It is written in an easy to understand way.

We use pictures to explain things.





**What if I want someone to
help me stand up for myself**



**There are services who can help
you be heard**



If you are deaf or have trouble
speaking you can ring the National
Relay Service on **133 677**

1

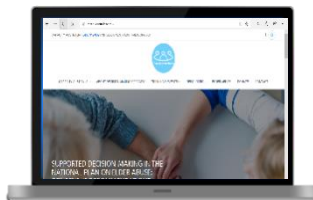


Capacity Australia

Can help you decide



You can ring on **02 8987 1944**



You can visit their website at

<http://capacityaustralia.org.au/>

2



People with Disability Australia

PWDA



You can call them on

free call 1800 422 015



You can visit their website at

www.pwd.org.au

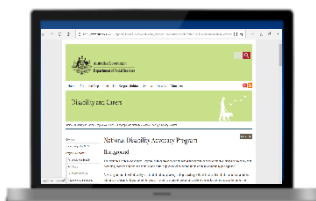
3



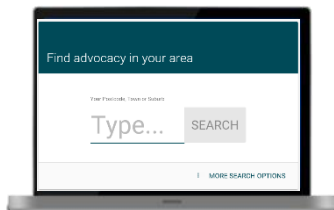
**National Disability Advocacy
Program NDAP**



You can call them on **1300 653 227**



You can visit their website at
www.dss.gov.au



You can search for help in your area
Visit the website
www.dss.gov.au

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**A.C.T. Disability, Aged and Carer
Advocacy Service (ADACAS)**



You can ring on **02 6242 5060**



You can visit their website

adacas.org.au

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advocacy for
inclusion

Advocacy for Inclusion



You can ring on **02 6257 4005**



Website: advocacyforinclusion.org



You can send an email

info@advocacyforinclusion.org